HALLOWEEN PARTY!!

Friday, October 29th @ 12:00

Let's do the Monster Mash with Linda & Dale from Heart to Heart! Pull out your favorite costume and join us for an afternoon of food, music, and a goblin of fun!

Music starts @12:30pm

This party will be held at <u>Hawkins Hall</u> in the lower level of <u>The Olmsted Community Center</u>.

Please RSVP, 440-427-2519



OPEN GAMES & SOCIAL TIME

Did you know you can use our tables for any board or card games or just come sit and socialize? Call to check on availability as we would love to see you!



HALLOWEEN SAFETY TIPS

For many seniors, the masked visitors and constant knocking on the door can be unnerving and frightening as the night wears on. If you are accepting trick-or-treaters: Stay in your home when passing out candy. Keep your porch, entry way, and sidewalk clear of decorations that could cause an accident. Use battery operated candles. Turn on porch lights and keep the trick-or-treaters' path well-lit. Keep pets in another room before opening the door. If you are not accepting trick-or-treaters: and you enjoy seeing children in costumes, but don't want to pass out candy, check out local libraries, community center for activities in which to participate. Submitted by Sandy Singleton.

MARIE GROSH, NP OFFICE HOURS

Monday, October 18th 2:00 - 4:00pm

Flu shots will be available.



WEDNESDAY

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WEDNESDAY WALKERS

Wednesdays @ 9:30 am (no walking October 13th)

East River Park

7878 Lewis Rd. Olmsted Falls
Grab your water bottle and sneakers and
join us for a morning walk at East River Park.
In case of rain, you are welcome to come
to Jenkins Place for a virtual exercise
session.

CALENDAR REVIEW MEETING

Thursday, October 21st. @ 9:45am



This is an opportunity to come into Jenkins Place and learn about the activities planned for October and ideas for fall programming. We want your ideas! What activities do you like best & what would you like to see us offer? All are welcome!









Happy Birthday to Cathy, Nancy J. Nancy N. and Shirley

The October birthstone is Opal. The iridescent Opal embodies long and lasting love.

The October birth flower is the Marigold. Marigold take on different meanings depending on the color, era, and region. Their colors can be red, orange and yellow.

Celebrate your birthday! Would you like to receive personal birthday greetings above (first name only) and receive a birthday card? We are collecting names and birth dates (year optional). Seniors who would like to participate can sign the Birthday List, which is kept in the Jenkins Place office, or call 440-427-2519. Also, a very heartfelt THANK YOU to everyone who donates cards. Please continue to donate birthday, get well, thank you, thinking of you or other cards to share.

See What We've Been Up To!!

Halfway to Patrick's Day w/ Debbie

Darling!





Getting fit - Balloflex