



# The Jenkins Observer

## MAYOR'S MESSAGE

July 2021



Mayor Graven

Wow, already July! June brought in some great programs, like music from Hart to Hart, Root Beer Floats and a few outings including a lunch trip to Gibb's, mini golf and ice cream. It looks like Tricia & Carrie have some other exciting things planned for July with another lunch outing to Tony K's. Whether you are new to technology or need a refresher, sign up for I Pad 101, who doesn't need a little help with that?



Parks & Recreation brought back music in the park. Come out on Sunday, July 25<sup>th</sup> from 6:00-8:00pm at East River Park and enjoy the music of Keith Parker of Canyon wind.

Remember that City Hall & Jenkins Place will be closed on Monday, July 5<sup>th</sup> in observance of July 4<sup>th</sup>. We are so thankful for the life and privileges we have living in this great country of the United States of America.

Looking forward to seeing you soon.  
Mayor Graven



### PROGRAM COORDINATORS TRICIA & CARRIE

We are very excited to serve our community!  
It was so nice meeting a lot of you throughout our first month at Jenkins Place. If we haven't met yet, we really look forward to seeing more of you!

### CONTACT INFORMATION :

**PROGRAM COORDINATORS: Carrie Zdilla & Tricia Vidovich**

**EMAIL:** [jenkinsplace@olmstedfalls.org](mailto:jenkinsplace@olmstedfalls.org)

**ADDRESS:** 26100 Bagley Road, Olmsted Falls, OH 44138

**FACEBOOK:** <https://www.facebook.com/OlmstedFallsOH>

**PHONE:** (440) 427-2519

**WEBSITE:** [www.olmstedfalls.org](http://www.olmstedfalls.org)

**OFFICE HOURS:** 9:00 am - 2:00 pm

## OUTDOOR MUSIC & COOKOUT

Thursday, July 1st @ 1:00pm

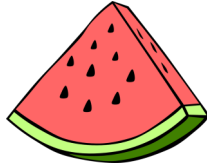
Let's support Riverview Pointe Care Center and join them for an outdoor concert and cookout.

9027 Columbia Rd. Olmsted Falls

**Free Event**



**LIVE  
MUSIC**



## LUNCH BUNCH OUTING TO TONY K'S

Monday, July 12th @ 12:00

Tony K's Restaurant  
841 West Bagley Road  
Berea

Please call to reserve your spot.



## VIRTUAL YOGA

Monday, July 12th @ 10:00 am

Relax and stretch with a virtual guided yoga session in various settings. Dress comfortably and bring your water.

Chairs are provided if needed for this exercise. Space is limited. Reservations are required.

440-427-2519



## IPAD BASICS 101

Thursday, July 8th @ 12:30pm

Join us as we continue to explore basic iPad skills. Space is limited to 10. Please call to register. 440-427-2519



Apple.com



## HEALTHY VISION

With Marie Grosh, NP

Monday, July 19th @ 1:00

Office Hours 2:00-4:00pm



## BEEKEEPING 101

Shannon Warder w/  
Greater Cleveland Beekeepers  
Association

Thursday, July 15th @ 12:30

Understand the importance of demystifying bees to help reduce misunderstanding and fear of these amazing pollinators.



## SUMMER TRIVIA

Thursday, July 22nd @ 12:30pm

Trivia with Jodi Carlson from Olmsted Falls Library.



## STRETCH IT OUT YOGA & PARFAITS

Monday, July 26th @ 10:30am

Yoga with Kelly Patrick from Circle of Life Yoga. Join Kelly as she does a gentle stretching & chair yoga, followed by yogurt parfaits & a presentation on why movement is so important.



## FRIDAY BINGO

July 2nd, 9th, 16th, 23rd & 30th at 12:00

*The Bingo dates listed below feature guest callers*

### July 2nd -Special **Stars & Stripes Bingo**

with guest caller Jamie White from Northwestern Healthcare who will also bring cupcakes!

### July 16th

Kenny G returns with Music Bingo!

Thank you to Margie Karl for sponsoring!

Reservations required.

### July 30th - Rhonda Greene

with Aetna will be our guest caller.

Bingo will be followed by a brief 10 minute presentation.



## W E D N E S D A Y

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## WEDNESDAY WALKERS

Wednesdays, July 7th, 14th, & 21st, @ 9:30 am

\* Please Note - No group walking on July 28th \*

Meet us at the Olmsted Falls High School Track  
26939 Bagley Road, Olmsted Falls.

Grab your water bottle and sneakers and join us for a morning walk around the Olmsted Falls High School track. In case of rain, you are welcomed to come to Jenkins Place for a virtual exercise session.

## TAI CHI EASY FOR WELLNESS AND BALANCE

Every Thursday @ 11:00 am - FREE

Sign up required

This variety of Tai Chi was created by careful review of the most popular, prevalent and beneficial of all forms. It is a set of practices that are easy to learn and easy to practice.



Chairs are provided

## THE ULTIMATE CLEVELAND INDIANS

### PRESENTATION

Thursday, July 29th @ 12:30

Join us as author **Marty Gitlin** takes us on a fun and enlightening journey through Cleveland Indians history. Hear about the fascinating 1899 Spiders, through the miseries of the 1960s and beyond, to the pennant winners of the 1990s and 2016, to the phasing out of Chief Wahoo and the team nickname.



## SUMMER CONCERT SERIES AT EAST RIVER PARK

Sunday, July 25th 6:00-8:00

Canyon Wind - Grab your chairs, blankets & picnic basket and listen to covers of Americana, Blues, Country, Folk, Pop & Smooth Jazz.

## BRAIN FIT

Tuesdays, July 6th, 20th & 27th @ 1:00pm

Fitness isn't only for your body—it's critical for your mind too. Brain Fit will offer a different brain exercise, group activity, and lots of fun each week. Sponsored by:

Brookdale Westlake Village,  
Symphony at Olmsted Falls  
& Arden Courts.



## JULY QUICK TIPS

Tuesday, July 13th @ 12:00

Sandy Singleton will be here to discuss bunions, voice hoarseness, and quick & healthy breakfast foods for seniors.



# IMPORTANT COMMUNITY INFORMATION

## Olmsted Falls City Hall

Mayor | James Graven  
440-235-5550 | [jgraven@olmstedfalls.org](mailto:jgraven@olmstedfalls.org)

## Police Department

**In an emergency always call 9-1-1**

Police Chief | Odis Rogers  
440-235-1234 | [orogers@olmstedfalls.org](mailto:orogers@olmstedfalls.org)

## Operation Safeguard I & II

**Operation Safeguard I** monitors seniors and those living alone each day. An individual is asked to call the Police Department by 10:00 am each day, or an officer will check on the resident.

**Operation Safeguard II** contacts people who have medical problems or other needs who in the event of a power outage or other emergency require special assistance.

To take advantage of either program please contact the dispatch center at (440) 235-1234

## Fire Department

**In an emergency always call 9-1-1**

Fire Chief | Matt Sheehan  
440-235-3238 | [msheehan@olmstedfalls.org](mailto:msheehan@olmstedfalls.org)

## Service Department

Service Director | Joe Borczuch  
440-235-1345 | [jborczuch@olmstedfalls.org](mailto:jborczuch@olmstedfalls.org)

## Building Department

440-235-1055 | [building@olmstedfalls.org](mailto:building@olmstedfalls.org)

## City of Olmsted Falls Park & Recreation

[www.olmstedfalls.org](http://www.olmstedfalls.org)

## Historical Society of Olmsted Falls

26100 Bagley Road | Olmsted Falls | Ohio 44138

## Olmsted Community Center

8170 Mapleway Drive | Olmsted Falls | Ohio 44138  
440-427-1599 | [www.olmstedcc.com](http://www.olmstedcc.com)  
[office@olmstedcc.com](mailto:office@olmstedcc.com)

## Olmsted Falls Cuyahoga Public Library

440-235-1150 | [www.cuyahogalibrary.org/Branches/Olmsted](http://www.cuyahogalibrary.org/Branches/Olmsted)

**Code RED Ready.** [CuyahogaCounty.us/en-US/readynotify.aspx](http://CuyahogaCounty.us/en-US/readynotify.aspx)

## AT&T Lifeline Discount

<http://www.att.com/gen/general?pid=10252>

## Christians in Actions

440-954-4140 | [www.ofcia.org](http://www.ofcia.org)

**Elder Abuse** 202-464-9481 /  
[www.preventelderabuse.org](http://www.preventelderabuse.org)

**HEAP** [https://www.development.ohio.gov/is/is\\_heap.htm](https://www.development.ohio.gov/is/is_heap.htm)

**Homestead Exemption** <http://fiscalofficer.cuyahogacounty.us/en-US/community-services.aspx>

## Meals on Wheels

440-871-2551 | [www.westlakemealsonwheels.org](http://www.westlakemealsonwheels.org)

**Medicare - 1-800-MEDICARE** <http://www.medicare.gov/>

**RxAssist** <http://www.rxassist.org/>

## Senior and Adult Services

216-420-6700 | <http://dsas.cuyahogacounty.us/>

## Senior Transportation Connection

216-265-1489 | <http://www.ridestc.org>

## MONTHLY WELLNESS AT JENKINS PLACE:

### ⇒ Adult & Geriatric Nurse Practitioner

Office Hours: See calendar

Marie D. Grosh, RN, will be here at the Jenkins Place. Contact her by calling 440-427-5077.

### ⇒ Blood Pressure Checks

Third Thursday of the month @ 10:30am

Paramedics from the Olmsted Falls Fire Department will be on hand to monitor your blood pressure.

Stop in for a quick check!

Blood pressure machine always available in the office at Jenkins Place. For use on your own or assistance provided.

### ⇒ Reliable Nurse Foot Care by Jennifer Vanek

**July 8th, September 9th & November 11th**

#### List of Services:

General foot assessment, including nail trimming, thinning & filing, corns/callus and rough skin care.

Foot care education and recommendations.

Cost - \$ 35 Cash, check or credit cards accepted.

Call 216-956-0293