



The Jenkins Observer



MAYOR'S MESSAGE

2022

Dear Seniors of Jenkins Place and Olmsted Falls community,

We are excited to be back for February 2022 and continue all the wonderful programs and events offered at Jenkins Place.

We were sad to close our doors for January, but your health and safety is our #1 priority! Although we missed seeing you in our hallways, we were pleased to see so many of you take advantage of our Drive-Up Lunch opportunities. We hope you enjoyed the take home meals, and health & fitness packets that were passed out.



I was grateful to see all the online programming that was available for January.

For February, we have a few informative Lunch N' Learns planned as well as favorites such as Tai Chi, Yoga, Exercise, Walking Club, Brain Fit, Bingo, and Mahjong. You are always welcome to use our game room and pool table to socialize with friends. We look forward to the return of our St. Patrick's Party in March; that has always been one of our most well attended and popular events.

I am grateful to continue to serve as your mayor, and I pledge to continue to work hard at making Olmsted Falls a wonderful community to live in and visit.

Looking forward to having you back.

Sincerely,

Mayor Graven



PROGRAM COORDINATORS TRICIA & CARRIE

We were so sad and missed you all during the month of January, but we are so excited to continue to have in person programs that you enjoy. We welcome as always any ideas and suggestions. Thank you for allowing us to serve your senior center.

CONTACT INFORMATION :

PROGRAM COORDINATORS: Carrie Zdilla & Tricia Vidovich

EMAIL: jenkinsplace@olmstedfalls.org

ADDRESS: 26100 Bagley Road, Olmsted Falls, OH 44138

FACEBOOK: <https://www.facebook.com/OlmstedFallsOH>

PHONE: (440) 427-2519

WEBSITE: www.olmstedfalls.org

OFFICE HOURS: 9:00 am - 2:00 pm

IPAD BASICS 101

Thursday, February 3rd @ 12:30pm

Join us as we continue to explore basic iPad skills. iPads will be provided. Space is limited to 10.



FEBRUARY QUICK TIPS & LUNCH

Tuesday, February 8th @ 12:00pm

Sandy Singleton will be here to share about knowing the risks:

Lunch sponsored by Sprenger Village of the Falls.



PASTRY PALS

Monday, February 7th @ 10:30am

Join your friends for a morning of fellowship.

Pastries will be provided!



TECH HELP

Wednesday February 9th 11am - 1pm



Two instructors will offer one on one personal assistance with your own personal electronic device including; phone, tablet, laptop or IPAD. De-signed for ALL levels.

The instructors are professional, patient and specialize in older adults who are new to technology. There is no cost for this service.

BAG LUNCH & A SHOW

Monday, February 7th @ 12:00pm

Bring your own lunch & enjoy an afternoon matinee of Groundhog Day, featuring Bill Murray & Andie MacDowell. A cynical TV

weatherman finds himself reliving the same day over and over again when he goes on location to the small town of Punxsutawney to film a report about their annual Groundhog Day. His predicament drives him to distraction, until he sees a way of turning the situation to his advantage.

Popcorn & candy will be provided.

**Movie subject to change.



Foot care done here at Jenkins Place in the Historical Society Room 3/10, 5/12, 7/14, 9/8 & 11/10

To schedule an appointment just call 216-956-0293

List of Services

- General Foot Assessment
- Nail trimming, thinning & filing corns/callus filing and rough skin filling
- Foot care education and recommendations

Cost - \$35 is due at service. Cash, check or credit cards accepted.

TIPS FOR INCREASED ENERGY & HEART HEALTH

W/ NP Marie Grosh

Monday, February 14th @ 1pm

OFFICE HOURS

Monday, February 14th 2:00 - 4:00pm



CHAIR YOGA W/KELLY PATRICK CIRCLE OF LIFE YOGA

Monday, February 14th & 28th @10am
2nd & 4th Monday of the month

Dress comfortably and bring your water bottle. Chairs are provided.



TAPPING INTO YOUR INNER PEACE & STRENGTH

Thursday, February 10th @ 12:30pm

Presented by Chuck Behrens with Hospice of the Western Reserve.

LUNCH BUNCH OUTING TO

Thursday, February 17th @ 12 :30pm

Samosky's Homestyle Pizzeria
6738 Center Rd, Valley City, OH
44280
Reservations required.



BRAIN FIT & LUNCH

Tuesdays, February 15th & 22nd @

12:00pm

Fitness isn't only for your body, it's critical for your mind too. Brain Fit will offer a different brain exercise, group activity, and lots of fun each week. Sponsored by: Arden Courts & Danbury Senior Living. Call to reserve your spot. Light lunch will be



TAI CHI EASY FOR WELLNESS AND BALANCE

Thursdays @ 11am

February 3rd, 10th, 17th & 24th

This variety of Tai Chi was created by careful review of the most popular, prevalent and beneficial of all forms. It is a set of practices that are easy to learn and easy to practice. Chairs are provided if needed.



****Classes are back at Jenkins Place.**

LUNCH N LEARN HOWARD HANNA

Thursday, February 24th @ 12:30

Join Amy Margiotti, Senior Real Estate Specialist with Howard Hanna, for lunch and an informative discussion to help you determine:

1. When it is time to move
2. How to prepare your home to sell (what do I do with all my stuff 😊)
3. The steps involved in the selling process
4. How to prepare for the home inspection

Bring any and all real estate questions for a Q & A!

Can't make the lunch and learn? Contact Amy at 440.221.8657 for a personal consultation.



FRIDAYS @ 12:00PM

February 4th, 11th, 18th & 25th

February 11th - Valentine's Bingo

AGING ISN'T FOR SISSIES TIPS ON FALL PREVENTION

Monday, February 28th @ 12:30pm

Sponsored by Maggie Callam of
Great Lakes Accessibility

Light refreshments will be served.

MAHJONG AT JENKINS PLACE!

Wednesdays, @ 12:30 pm

February 2nd, 9th,
16th & 23rd.

Whether you are a seasoned player or new to the game, these lessons are for beginners and no experience is necessary.

Hope you can join!



IMPORTANT COMMUNITY INFORMATION

Olmsted Falls City Hall

Mayor | James Graven
440-235-5550 | jgraven@olmstedfalls.org

Police Department

In an emergency always call 9-1-1

Police Chief | Odis Rogers
440-235-1234 | orogers@olmstedfalls.org

Operation Safeguard I & II

Operation Safeguard I monitors seniors and those living alone each day. An individual is asked to call the Police Department by 10:00 am each day, or an officer will check on the resident.

Operation Safeguard II contacts people who have medical problems or other needs who in the event of a power outage or other emergency require special assistance.

To take advantage of either program please contact the dispatch center at (440) 235-1234

Fire Department

In an emergency always call 9-1-1

Fire Chief | Matt Sheehan
440-235-3238 | msheehan@olmstedfalls.org

Service Department

Service Director | Joe Borczuch
440-235-1345 | jborczuch@olmstedfalls.org

Building Department

440-235-1055 | building@olmstedfalls.org

City of Olmsted Falls Park & Recreation

www.olmstedfalls.org

Historical Society of Olmsted Falls

26100 Bagley Road | Olmsted Falls | Ohio 44138

Olmsted Community Center

8170 Mapleway Drive | Olmsted Falls | Ohio 44138
440-427-1599 | www.olmstedcc.com
office@olmstedcc.com

Olmsted Falls Cuyahoga Public Library

440-235-1150 | www.cuyahogalibrary.org/Branches/Olmsted

Code RED Ready. CuyahogaCounty.us/en-US/readynotify.aspx

AT&T Lifeline Discount

<http://www.att.com/gen/general?pid=10252>

Christians in Actions

440-954-4140 | www.ofcia.org

Elder Abuse 202-464-9481 /
www.preventelderabuse.org

HEAP https://www.development.ohio.gov/is/is_heap.htm

Homestead Exemption <http://fiscalofficer.cuyahogacounty.us/en-US/community-services.aspx>

Meals on Wheels
440-871-2551 | www.westlakemealsonwheels.org

Medicare - 1-800-MEDICARE <http://www.medicare.gov/>

RxAssist <http://www.rxassist.org/>

Senior and Adult Services
216-420-6700 | <http://dsas.cuyahogacounty.us/>

MONTHLY WELLNESS AT JENKINS PLACE:

⇒ Adult & Geriatric Nurse Practitioner

Office Hours: See calendar

Marie D. Grosh, RN, will be here at the Jenkins Place. Contact her by calling 440-427-5077.

⇒ Blood Pressure Checks

Third Thursday of the month @ 10:30am

Paramedics from the Olmsted Falls Fire Department will be on hand to monitor your blood pressure.

Stop in for a quick check!

Blood pressure machine always available in the office at Jenkins Place. For use on your own or assistance provided.

⇒ Reliable Nurse Foot Care by Jennifer Vanek

**March 10th, May 12th, July 14th,
September 8th & November 10th**

List of Services:

General foot assessment, including nail trimming, thinning & filing, corns/callus and rough skin care.

Foot care education and recommendations.

Cost - \$35 Cash, check or credit cards accepted.

Call 216-956-0293