

# The Genkins Observer

#### MAYOR'S



2021

As Christmas approaches and we say goodbye to 2021, it has been so great to have all of you back at Jenkins Place, I enjoy the hustle and bustle down the hall, and seeing old and new faces.

It looks like December will be a fun filled and festive month, with a trip to The Botanical Gardens, which is always beautiful this time of the year, a lunch outing to local favorite Clementine's and an Island Christmas Party too.



Please keep in mind that City Hall will be closed on Thursday, December 23<sup>rd</sup> and Friday December 24<sup>th</sup>. City Hall will also be closing at 12:00 on Friday, December 31<sup>st</sup>. We hope you have a blessed Christmas with your family and friends.

We all are looking forward to a new year of exciting programs and events.

From everyone here at City Hall, we wish you a Merry Christmas and a happy and healthy new year.

Merry Christmas and Happy Holidays.

Sincerely, Mayor Graven



## PROGRAM COORDINATORS TRICIA & CARRIE

As we reflect back on this past year, we can not express enough how fortunate we are to be able to serve such wonderful people on a daily basis. We consider it a privilege to call this our home away from home. Thank you for helping to make Jenkins Place so special.

#### CONTACT INFORMATION:

PROGRAM COORDINATORS: Carrie Zdilla & Tricia Vidovich

EMAIL: jenkinsplace@olmstedfalls.org PHONE: (440) 427-2519

ADDRESS: 26100 Bagley Road, Olmsted Falls, OH 44138 WEBSITE: www.olmstedfalls.org
FACEBOOK: https://www.facebook.com/OlmstedFallsOH OFFICE HOURS: 9:00 am - 2:00 pm

## HOLIDAY MUSIC BINGO



W/JODI CARLSON
OLMSTED FALLS
LIBRARY



#### Thursday, December 2nd @ 10:00am

Sign up required.

Jodi will be here the first Thursday
of each month @ 10:00am.

#### **IPAD BASICS 101**

Thursday, December 2nd @ 12:30pm

Join us as we continue to explore basic IPad skills. iPads will be provided. Space is limited to 10.



#### PIZZA & A SHOW

Monday, December 6th @12:00pm

Enjoy pizza & an afternoon Christmas matinee.

Sign up required.



#### HAWAII: FROM ALOHA TO ZEBRA

Wednesday, December 8th @ 10:45am

Our friend Annette Towner
will keep us warm on a cold
December day with a trip to
Hawaii - learning something from A - Z.

Enjoy some Hawaiian refreshments.

# THE BRITISH INVASION AND AMERICAN ANSWER: A MUSICAL JOURNEY

#### Thursday, December 9th @ 12:30pm

Take a fun and nostalgic journey through the most iconic & greatest era of rock-and-roll history with author and pop culture historian Marty Gitlin. This presentation highlights performances of influential British Invasion superstars such as the Beatles, Rolling Stones, Kinks, Hollies, Dave Clark Five and The Who as well as American bands that provided a wonderful reply such as the Beach Boys, Mamas and Papas, Temptations, Byrds, Monkees and Simon & Garfunkel. The program also includes trivia to ponder, including snippets of songs to identify the band! Author Martin Gitlin will have autographed and personalized copies of his books available following the program. Refreshments provided. Please RSVP.

## CHRISTMAS IN THE ISLANDS W/ISLAND JEFF

Friday, December 10th @ 12:00pm

The party will be held in Hawkins Hall at the Olmsted Community Center.

Please RSVP by 12/7.

Let's go to the Islands for Christmas! Don Ho-Ho-Ho (Island Jeff) brings the islands to our Christmas party with all your favorite songs with an island flair and Steel Drums!

A very Special Thank You to our Sponsors:

Riverview Pointe Care Center, Brookdale Westlake

Village and Attorney Margie Karl.

# CHAIR YOGA WITH KELLY PATRICK CIRCLE OF LIFE YOGA

Please note December change
Monday, December 13th @ 10:00am
Dress comfortably and bring your
water. Chairs are provided.



Starting January, Kelly will be here the 2nd & 4th Monday of the month!

# HEALING PLANTS ROYAL BOTANICAL GARDEN W/ KARIN

#### Monday, December 13th @12:30pm

Join this video conference featuring plants form the main ingredients of medicines in traditional systems of healing which have been the source of inspiration for several major pharmaceutical drugs. We'll examine plants used in both areas and the impact on

biodiversity and sustainability of these plants.

Refreshments provided.

#### **DECEMBER QUICK TIPS & LUNCH**

Tuesday, December 14th @ 12:00pm

Sandy Singleton will be here to share about:

Osteoporosis

What is Sepsis

**Family Traditions** 

Color Blindness

Word Search

Lunch provided by Northwestern Healthcare. Please call to reserve your spot.

# FIELD TRIP TO A GARDEN HOLIDAY @ THE BOTANICAL GARDENS



#### Wednesday, December 15th @ 9:15am

Get transported to a world full of seasonal cheer. We'll see plants that are used to celebrate the holiday season, and they will take center stage throughout the festive displays. Popular traditions including dozens of trees decorated by more than 30 Affiliate Garden Clubs and gingerbread houses assembled by bakers from across the community.

The cost is **\$21.50** and includes transportation.

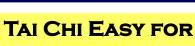
Meet at 9:15 - VAN leaves 9:30 SHARP!!!!

# Lunch Bunch outing to Clementine's Victorian Restaurant

Thursday, December 16th @ 12 :30pm

Join us for our final lunch outing of the year in historic Pacific Junction.

Reservations required.



reserve your spot. Light lunch will be provided.

week. Sponsored by: Brookdale Westlake Village,

Symphony at Olmsted Falls & Arden Courts. Call to

Fitness isn't only for your body, it's

critical for your mind too. Brain Fit

will offer a different brain exercise,

group activity, and lots of fun each

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WELLNESS AND BALANCE

**BRAIN FIT & LUNCH** 

Tuesdays, December 7th & 21st @ 12:00pm

Our Instructor Robert is taking a well deserved break and there will be <a href="MO"><u>NO</u></a> Tai Chi in December.

Classes will resume January 6th.



12/3 @ 12:00 pm - Regular Bingo 12/17 @ 11am - Christmas Bingo & Lunch

Sponsored by Sprenger Healthcare Village of the Falls

Lunch @ 11am followed by Bingo @ 12pm. Please RSVP by 12/10.



### MAHJONG AT JENKINS PLACE!

Wednesdays, 12/1 & 12/8 @ 12:30 pm

Whether you are a seasoned player or new to the game, these lessons are for beginners and no experience is necessary. Hope you can join!



#### **IMPORTANT COMMUNITY INFORMATION**

#### **Olmsted Falls City Hall**

Mayor | James Graven

440-235-5550 | jgraven@olmstedfalls.org

#### **Police Department**

#### In an emergency always call 9-1-1

Police Chief | Odis Rogers

440-235-1234 | orogers@olmstedfalls.org

#### Operation Safeguard I & II

**Operation Safeguard I** monitors seniors and those living alone each day. An individual is asked to call the Police Department by 10:00 am each day, or an officer will check on the resident.

**Operation Safeguard II** contacts people who have medical problems or other needs who in the event of a power outage or other emergency require special assistance.

To take advantage of either program please contact the dispatch center at (440) 235-1234

#### **Fire Department**

#### In an emergency always call 9-1-1

Fire Chief | Matt Sheehan

440-235-3238 | msheehan@olmstedfalls.org

#### **Service Department**

Service Director | Joe Borczuch 440-235-1345 | jborczuch@olmstedfalls.org

#### **Building Department**

440-235-1055 | building@olmstedfalls.org

#### City of Olmsted Falls Park & Recreation

www.olmstedfalls.org

#### **Historical Society of Olmsted Falls**

26100 Bagley Road | Olmsted Falls | Ohio 44138

#### **Olmsted Community Center**

8170 Mapleway Drive | Olmsted Falls | Ohio 44138 440-427-1599 | www.olmstedcc.com office@olmstedcc.com

#### **Olmsted Falls Cuyahoga Public Library**

440-235-1150 | www.cuyahogalibrary.org/Branches/ Olmsted

Code RED Ready.CuyahogaCounty.us/en-US/readynotify.aspx

#### AT&T Lifeline Discount

http://www.att.com/gen/general?pid=10252

#### **Christians in Actions**

440-954-4140 / www.ofcia.org

**Elder Abuse** 202-464-9481 /

www.preventelderabuse.org

**HEAP** https://www.development.ohio.gov/is/is heap.htm

#### **Homestead Exemption http://**

fiscalofficer.cuyahogacounty.us/en-US/community-services.aspx

#### **Meals on Wheels**

440-871-2551 | www.westlakemealsonwheels.org

Medicare - 1-800-MEDICARE http://www.medicare.gov/

RxAssist http://www.rxassist.org/

#### **Senior and Adult Services**

216-420-6700 | http://dsas.cuyahogacounty.us/

## MONTHLY WELLNESS AT JENKINS PLACE:

#### ⇒ Adult & Geriatric Nurse Practitioner

Office Hours: See calendar

Marie D. Grosh, RN, will be here at the Jenkins Place. Contact her by calling 440-427-5077.

#### ⇒ Blood Pressure Checks

Third Thursday of the month @ 10:30am

Paramedics from the Olmsted Falls Fire Department will be on hand to monitor your blood pressure.

Stop in for a quick check!

Blood pressure machine always available in the office at Jenkins Place. For use on your own or assistance provided.

#### ⇒ Reliable Nurse Foot Care by Jennifer Vanek

#### January 13th & March 10th

#### **List of Services:**

General foot assessment, including nail trimming, thinning & filing, corns/callus and rough skin care. Foot care education and recommendations.

Cost - \$35 Cash, check or credit cards accepted.

Call 216-956-0293